



5 MINUTES / 5 DAYS

*Making It Through the Minefields***MONDAY** Tripping the Mine*Jas. 1:13-15*

The mines of temptation are all around us aren't they? I'm sure we've all felt like we were walking through a minefield at times. One wrong step and...

Minefields are indeed different for each of us, but we are all trying to avoid them. The passage for today tells us that we are tempted when our own evil desires lead us away from God and traps us. We will look this week at what the mines will do to us and see if there is any hope for us to avoid them!

Read the passage and ask God to help when you are tempted this week.

TUESDAY What Happens When We Trip a Mine? *Jas. 1:13-15; Jn. 16:33*

Tripping a mine (giving into temptation) has numerous effects on us. It blasts us into more and more sin. How so? One way is that we get discouraged and think that we can never beat temptation, so why try? Tripping a mine can also cause the death of relationships. The passage in James tells us that temptation leads to sin, which leads to death. We may know others or from personal experience that this is true. Someone gives into temptation and it destroys families or other relationships. It may also throw us towards apathy—the place where we just don't care anymore.

Stop and think about where you are now. Read John 16:33 and know that God loves you and has overcome the world!

Glorifying God by producing more maturing followers of Jesus.

WEDNESDAY Disarming the Mines, part 1*1 Cor. 10:13*

Are you ready for some good news? Let's talk about it!

Temptation is difficult, but not impossible to resist! We can stand up to it. Why? Because God loves us and gives us a way out! 1 Corinthians 10:13 tells us that God will make a way for us to escape temptation. We can and have the power to say **"No!"** to temptation. We have to do our part and look for the way out and **move!**

Rest knowing that, in every temptation we face, God will be faithful to make a way for us to get out of it.

THURSDAY Disarming the Mines, part 2 *Jas. 1:2-4; Jn. 17:15; Phil. 4:13*

Temptation is possible to resist. When we are in the battle, walking in the minefield, resisting temptation will produce in us character. James tells us that when we go through trials of many kinds (including temptations), our faith will begin to grow. We are becoming more and more like Jesus when we are dodging the mines, saying "no" to the temptations.

Jesus himself prays that God would protect His followers from the evil one. We can do **all** things through Christ who gives us strength.

Read—or better yet, if you're able—memorize Philippians 4:13. God will give us everything we need and the strength to resist temptation.

FRIDAY Jesus and Temptation *Matt. 4:1-11; Heb. 4:15; 2 Tim. 3:16*

When we look at Jesus' life, we see that He was tempted by the devil. He really was tempted to do the things Satan wanted Him to do, but Jesus resisted.

Our awesome Savior can relate to our temptations. He was tempted in all things that we are, yet He chose not to sin! Jesus gives us the power to always say **"No!"** to our temptations.

Remember that Jesus used God's Word to resist the temptations of the devil. We need to follow His example and hide (memorize) His Word in our hearts so we can say "Yes!" to Jesus, and "No!" to temptation.