



Taking Your Spiritual Temperature

[Matthew 7](#)

Last in a 3-part series titled Media on the Mount
Pastor Matt Friend – September 3 & 6, 2020

What's today's big idea?

The most important temperature you'll ever take is the one of your own heart.

What questions can we ask to determine if we're genuine Jesus-followers?

- #1 – Am I slow to judge others and quick to examine myself? ([vv. 1-6](#); cf. [Matthew 23](#); [Luke 18:9-14](#); [2 Corinthians 13:5](#); [James 2:12-13](#); [4:11-12](#); [2 Peter 1:10](#); [1 John 1:6-10](#))
- #2 – Is prayer a regular part of my life? ([vv. 7-11](#); [Psalm 34:15-17](#); [Matthew 6:5-13](#); [1 John 3:19-24](#); [5:14-15](#))
- #3 – Do I treat others the way I want them to treat me? ([v. 12](#); cf. [Matthew 5:21-22](#); [22:34-40](#); [James 1:26-27](#); [1 John 2:9-11](#); [3:10](#), [14-18](#); [5:1-2](#))
- #4 – Is my life on a path of spiritual life or spiritual death? ([vv. 13-14](#); cf. [Luke 13:23-24](#); [John 3:3-8](#), [15-18](#), [36](#); [5:24](#); [6:60-69](#); [Romans 8:1-10](#); [Philippians 1:6](#); [2:13](#); [1 John 4:13-15](#); [5:10-13](#))
- #5 – Does my life produce more good fruit or bad fruit? ([vv. 15-20](#); cf. [2 Corinthians 5:17](#); [Galatians 5:19-24](#); [Ephesians 2:8-10](#); [2 Timothy 3:1-9](#); [James 2:14-26](#); [1 John 2:3-6](#); [5:2-3](#))
- #6 – Do I have an ongoing relationship with Jesus? ([vv. 21-23](#); cf. [John 10:25-29](#); [Acts 16:31](#); [Romans 10:9](#), [13](#); [1 John 2:12-14](#))
- #7 – Am I building my life around eternal or temporal things? ([vv. 24-27](#); [Matthew 6:19-24](#); [Luke 21:34-36](#))

Book Recommendation:

[The Gospel According to Jesus: What is Authentic Faith?](#)

by John MacArthur

