



## **Relate**

[Genesis 2:18 \(NIV\)](#)

Eighth in a 9-part series titled: *Reset*

Pastor Matt Friend – August 5 & 8, 2021

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### **Today's Big Idea:**

God designed life to be a team sport, not a solo sport.

### **Ways to Reset Your Life Through Relationships:**

#1 – Cultivate your relationship with Jesus.

- Remember: “Jesus saves” in an instant; however, “Jesus transforms” over time.
- Let Him speak to you every day from His Word.
- Meditate and contemplate on His Word every day.
- Share your heart with Him every day in prayer.
- Confess your sins every day.

#2 – Cultivate your relationship with your spouse.

- Grow in Jesus together.
- Try to be best friends above all else.
- Take time to talk often about anything and everything.
- Always speak respectfully to and about one another.
- Find out what the other needs and try your best to help meet that need.

#3 – Cultivate your relationships with your children.

- Show them you need Jesus and His gospel as much as they do.
- Sincerely apologize when you sin against them or your spouse.
- Try to keep rules to a minimum and grace to a maximum.



- Encourage them as much as possible, then encourage them even more.
- Never stop praying for them. If there's life, there's hope.

#### #4 – Cultivate your relationships with your church family and spiritual friends.

- Develop an appreciation for the overall family of God.
- Find a smaller group of people with whom you can regularly meet together.
- Try to do life together and make it as fun and normal as possible.
- As trust is earned, share your story with them.
- As trust is earned, ask them to speak gospel truth into the blind spots of your story.